



All Day Learning Centers

Focusing on Your Child's Early Education

Preschool Program (3 Years Old to 4 Years Old)

Overview

As children grow into early childhood, they will become more independent and want to explore the world around them. Interactions with family and those around them will help to shape their own ways of thinking and moving. The goal of our Preschool Program is to have our students be exposed to all the letters and sounds to develop a strong language foundation, compare groups of objects, recognize their name, and letter to lay down the foundation of a school-ready environment.

Curriculum Programs

Creative Curriculum

Creative Curriculum is a comprehensive, research-based curriculum designed to help teachers and caregivers implement developmentally appropriate practices. It offers responsive daily routines and meaningful experiences that nurture learning and development.

Kindness Curriculum

This curriculum focuses on positive conflict resolution, acts of kindness, and teaching children to pay attention and manage their emotions in healthy ways. Kindness Curriculum is taught only one day a week, but it is used every day in the classroom.

“Every Day Counts”- Math Curriculum

Our math curriculum introduces students to basic math concepts. Each activity used was created to build off the one before it. This helps our students develop natural math skills that can be used in everyday life.

STEAM Program

We offer STEAM (Science, Technology, Engineering, Art, & Mathematics) activities as part of our regular curriculum. Here, students focus on how shadows and reflections are made using lights and mirrors, learn about magnets, understand how gears work, and do activities such as making a cloud in a jar!

Music and Movement

Music and movement is a regular part of the routine to help students develop an appreciation of creative movement and dance. Students sing, move, and listen to a wide variety of music throughout the day, including classical and children's music.

Spanish

Learning a second language is not only gratifying, but also quite valuable. We include lessons in Spanish at least 2 times per week. Each lesson is organized by a topic familiar to the student, such as letters, numbers, colors, and community helpers.

Healthy Choices

Healthy Choices is a program to teach about Food, Fitness, and Fun! Students will learn about healthy food choices and the importance of eating right. They will also learn about how to



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exercise, and about the importance of staying fit. These activities help students learn about making healthy food choices and keeping fit through physical activity.

Technology

Our program introduces students to tablets and laptops. Teachers work with students to become more familiar with their operation and capabilities. The tablets and laptops are equipped with applications that are designed to create a fun and educational experience for our students.

Food and Facilities

Food & Nutrition

The goal of this program is to ensure healthy meals and snacks for our students. We implement the highest standards by including with every meal a main dish, a vegetable, a fresh fruit, and milk. Our hot lunch program is optional. Please see the Director for prices.

- **Snacks:** Snack time is provided three times a day at approximately 9am, 3pm, and 5pm. Our 5pm snack is also when dinners can be heated for students whose families provide them. School snacks consist of cereal, fresh fruit, or applesauce. Water is always offered to accompany snack. Our snack service is included in your monthly tuition.
- **Lunch:** Our hot lunches are catered by a local restaurant. Each lunch is served in its own container, and milk is offered with every meal. Entrees include such items as, chicken tenders, grilled cheese, meatballs, or fish sticks, etc. Note that a vegetarian lunch option is also available at every mealtime.

For those that do not wish to participate in the school's catered lunch program, families are welcome to supply their own snacks and lunches. Parents are welcome to use our refrigerators to store foods that need to be refrigerated.

Facilities

The classroom is arranged into distinct "Interest Areas", including: dramatic play, blocks, art, math/science, library, discovery, and sand and water. Center time is always included in the daily schedule, which provides an opportunity for structured play, an important component of our program. During center time, students will be seen developing a wealth of language, cognitive, physical, social, and emotional skills.

Playground

Weather permitting, students will go outside to our large, child-friendly playground. Each part of our playground was specially designed with appropriate activities. Outdoor play provides students the opportunity to enhance their gross-motor skills, to build muscle and to improve coordination, and it provides an atmosphere for positive interactions with peers.